

Lunch Service menus Semester 1 SY 2020-2021 / 11 August 2020 until 15 January 2021

	Monday	Tuesday	Wednesday	Thursday	Friday
Calendar week 33 10-14/08	School closed in lieu of National Day	Surprise Day Wienerli with "Muescheli" Pasta, Soft-boiled Carrots, grated Cheese and Brown Sauce Guantelope Melon, Oranges Bread	American Day Vegetable Puree Soup Fish Fingers, Boiled Potatoes, Lemon & Mayo Cherry tomatoes, Zucchini Grapes Bread	Italian Day Pizza Margherita Carrots and Cucumber cold Honeydew Melon Bread	Asian Day Chicken Sweet and Sour with plain Rice Mixed Salad with Balsamic Vinaigrette Melon, Pineapples Bread
Calendar Week 34 17-21/08	Asian Day Fried Vegetable & Egg Noodles with Beef Oranges, Red Apples Bread	Swiss Day Aelpler Makkaroni Apple Sauce Soft-boiled Carrot and Broccoli Watermelon Bread	Surprise Day Yakitori Chicken Fried Organic Brown Rice with Cucumbers and Carrots cold Apple, Grapes Bread	American Day Beef Patty with Burger Bun Roasted Potatoes Corn cob pieces Fruit & Berry Yoghurt Bread	Italian Day Penne Bolognese Green Salad with Balsamic Vinaigrette Melon, Oranges Bread
Calendar week 35 24-28/08	Italian Day Tortellini Ricotta & Spinach Soft-boiled Carrots, grated cheese and brown sauce Pineapples, Watermelon Bread	Asian Day Chicken Satay with Thai Rice and Peanut Sauce Green Salad with Balsamic Vinaigrette Fruit & Berry Yoghurt Bread	Swiss Day Hörnli with „Gehacktes“ Apfelmus Mixed Salad with Balsamic Vinaigrette Grapes Bread	Surprise Day Crispy Fish and Chips Soft-boiled Carrots and Broccoli Red Apples, Melon Bread	American Day Chicken Nuggets, Wedges Soft-boiled Cauliflower, Ketchup Grapes and Oranges Bread
Calendar week 36 31/08-4/09	American Day Vegetable Puree Soup Steamed Dory Filet, Light Soya Sauce, Couscous Chopped creamed Spinach Club Style Watermelon Bread	Italian Day Meat Lasagne Mixed Salad with Balsamic Vinaigrette Fruit & Berry Yoghurt Bread	Asian Day Prata with Sauce (not spicy) Vegetarian Fried Rice Bananas, Grapes Bread	Swiss Day Meat Loaf Mashed Potatoes, Brown Sauce, Corn cob pieces Melon, Oranges Bread	Surprise Day Chicken "Wienerschntzel" Potato Wedges Soft-boiled Broccoli Fruit & Berry Yoghurt Bread
Calendar week 37 7-11/09	Surprise Day Organic Brown Rice with Chicken Curry, finely sliced Pineapple & Melon (RizCasimir) Oranges, Apples Bread	American Day Pasta and Meatballs Tomato sauce Soft-boiled Broccoli Watermelon Bread	Italian Day Fusilli with Pesto & Tomato Sauce, Green Salad with Balsamic Vinaigrette Oranges, Bananas Bread	Asian Day Steamed Chicken Breast with Fried Rice, light Soya Sauce Soft-boiled Carrots Pineapples Bread	Swiss Day Mini Veal Sausage Potato Gratin Cucumbers and Carrots cold Pineapples, Watermelon Bread

	Monday	Tuesday	Wednesday	Thursday	Friday
Calendar week 38 14-18/09	Swiss Day Aelpler Makkaroni Apple Sauce Soft-boiled Carrot and Broccoli Watermelon Bread	Surprise Day Yakitori Chicken Fried Organic Brown Rice with Cucumbers and Carrots cold Apple, Grapes Bread	American Day Beef Patty with Burger Bun Roasted Potatoes Corncob pieces Fruit & Berry Yoghurt Bread	Italian Day Penne Bolognaise Green Salad with Balsamic Vinaigrette Melon, Oranges Bread	Asian Day Fried Vegetable & Egg Noodles with Beef Oranges, Red Apples Bread
Calendar week 39 21-25/09	Asian Day Chicken Satay with Thai Rice and Peanut Sauce Green Salad with Balsamic Vinaigrette Fruit & Berry Yoghurt Bread	Swiss Day Hörnli with „Gehacktes“ Apfelmus Mixed Salad with Balsamic Vinaigrette Grapes Bread	Surprise Day Crispy Fish and Chips Soft-boiled Carrots and Broccoli Red Apples, Melon Bread	American Day Chicken Nuggets, Wedges Soft-boiled Cauliflower, Ketchup Grapes and Oranges Bread	Italian Day Tortellini Ricotta & Spinach Soft-boiled Carrots, grated cheese and brown sauce Pineapples, Watermelon Bread
Calendar week 40 28/09-2/10	Italian Day Meat Lasagne Mixed Salad with Balsamic Vinaigrette Fruit & Berry Yoghurt Bread	Asian Day Prata with Sauce (not spicy) Vegetarian Fried Rice Bananas, Grapes Bread	Swiss Day Meat Loaf Mashed Potatoes, Brown Sauce, Corncob pieces Melon, Oranges Bread	Surprise Day Chicken “Wienerschnitzel” Potato Wedges Soft-boiled Broccoli Fruit & Berry Yoghurt Bread	American Day Vegetable Puree Soup Steamed Dory Filet, Light Soya Sauce, Couscous, Chopped creamed Spinach Club Style Watermelon Bread
Calendar Week 41 5-09/10	American Day Pasta and Meatballs Tomato sauce Soft-boiled Broccoli Watermelon Bread	Italian Day Fusilli with Pesto & Tomato Sauce Green Salad with Balsamic Vinaigrette Oranges, Bananas Bread	Asian Day Steamed Chicken Breast with Fried Rice, light Soya Sauce Soft-boiled Carrots Pineapples Bread	Swiss Day Mini Veal Sausage Potato Gratin Cucumbers and Carrots cold Pineapples, Watermelon Bread	Surprise Day Organic Brown Rice with Chicken Curry and finely sliced Pineapple and Melon (Riz Casimir) Oranges, Apples Bread
Calendar Week 42/43	Autumn Holiday 10 – 25 October 2020				

	Monday	Tuesday	Wednesday	Thursday	Friday
Calendar week 44 26-30/10	Surprise Day Wienerli with "Muescheli" Pasta, Soft-boiled Carrots, grated Cheese and Brown Sauce Guantalupe Melon, Oranges Bread	American Day Vegetable Puree Soup Fish Fingers, Boiled Potatoes, Lemon & Mayo Cherry tomatoes, Zucchini Grapes Bread	Italian Day Pizza Margherita Carrots and Cucumber cold Honeydew Melon Bread	Asian Day Chicken Sweet and Sour with plain Rice Mixed Salad with Balsamic Vinaigrette Melon, Pineapples Bread	Swiss Day Brätchügeli with Spätzli Soft-boiled Carrots Fruit & Berry Yoghurt Bread
Calendar week 45 2-6/11	Swiss Day Hörnli with „Gehacktes“ Apfelmus Mixed Salad with Balsamic Vinaigrette Grapes Bread	Surprise Day Crispy Fish and Chips Soft-boiled Carrots and Broccoli Red Apples, Melon Bread	American Day Chicken Nuggets, Wedges Soft-boiled Cauliflower, Ketchup Grapes and Oranges Bread	Italian Day Tortellini Ricotta & Spinach Soft-boiled Carrots, grated cheese and brown sauce Pineapples, Watermelon Bread	Asian Day Chicken Satay with Thai Rice and Peanut Sauce Green Salad with Balsamic Vinaigrette Grapes Bread
Calendar week 46 9-13/11	Asian Day Prata with Sauce (not spicy) Vegetarian Fried Rice Bananas, Grapes Bread	Swiss Day Meat Loaf Mashed Potatoes, Brown Sauce, Corncob pieces Melon, Oranges Bread	Surprise Day Chicken "Wienerschnitzel" Potato Wedges Soft-boiled Broccoli Fruit & Berry Yoghurt Bread	American Day Vegetable Puree Soup Steamed Dory Filet, Light Soya Sauce, Couscous Chopped creamed Spinach Club Style Watermelon Bread	Italian Day Meat Lasagne Mixed Salad with Balsamic Vinaigrette Fruit & Berry Yoghurt Bread
Calendar week 47 16-20/11	Italian Day Fusilli with Pesto & Tomato Sauce Green Salad with Balsamic Vinaigrette Oranges, Bananas Bread	Asian Day Steamed Chicken Breast with Fried Rice, light Soya Sauce Soft-boiled Carrots Pineapples Bread	Swiss Day Mini Veal Sausage Potato Gratin Cucumbers and Carrots cold Pineapples, Watermelon Bread	Surprise Day Organic Brown Rice with Chicken Curry and finely sliced Pineapple and Melon (Riz Casimir) Oranges, Apples Bread	American Day Pasta and Meatballs Tomato sauce Soft-boiled Broccoli Watermelon Bread
Calendar week 48 23-27/11	American Day Vegetable Puree Soup Fish Fingers, Boiled Potatoes, Lemon & Mayo Cherry tomatoes, Zucchini Grapes, Bread	Italian Day Pizza Margherita Carrots and Cucumber cold Honeydew Melon Bread	Asian Day Chicken Sweet and Sour with plain Rice, Mixed Salad with Balsamic Vinaigrette Melon, Pineapples Bread	Swiss Day Brätchügeli with Spätzli Soft-boiled Carrots Fruit & Berry Yoghurt Bread	Surprise Day Wienerli with "Muescheli" Pasta, Soft-boiled Carrots, grated Cheese and Brown Sauce Guantalupe Melon, Oranges Bread

	Monday	Tuesday	Wednesday	Thursday	Friday
Calendar week 49 30/11-4/12	Surprise Day Yakitori Chicken Fried Organic Brown Rice with Cucumbers and Carrots cold Apple, Grapes Bread	American Day Beef Patty with Burger Bun Roasted Potatoes Corncob pieces Fruit & Berry Yoghurt Bread	Italian Day Penne Bolognaise Green Salad with Balsamic Vinaigrette Melon, Oranges Bread	Asian Day Fried Vegetable & Egg Noodles with Beef Oranges, Red Apples Bread	Swiss Day Aelpler Makkaroni Apple Sauce Soft-boiled Carrot and Broccoli Watermelon Bread
Calendar week 50 7-11/12	Swiss Day Meat Loaf Mashed Potatoes, Brown Sauce, Corncob pieces Melon, Oranges Bread	Surprise Day Chicken "Wienschnitzel" Potato Wedges Soft-boiled Broccoli Fruit & Berry Yoghurt Bread	American Day Vegetable Puree Soup Steamed Dory Filet, Light Soya Sauce, Couscous Chopped creamed Spinach Club Style Watermelon Bread	Italian Day Meat Lasagne Mixed Salad with Balsamic Vinaigrette Fruit & Berry Yoghurt Bread	Asian Day Prata with Sauce (not spicy) Vegetarian Fried Rice Bananas, Grapes Bread
Calendar week 51 14-18/12	Asian Day Steamed Chicken Breast with Fried Rice, light Soya Sauce Soft-boiled Carrots Pineapples Bread	Swiss Day Mini Veal Sausage Potato Gratin Cucumbers and Carrots cold Pineapples, Watermelon Bread	Surprise Day Organic Brown Rice with Chicken Curry and finely sliced Pineapple and Melon (Riz Casimir) Ice Cream Bread	American Day Pasta and Meatballs Tomato sauce Soft-boiled Broccoli Ice-Cream Bread	Italian Day Fusilli with Pesto & Tomato Sauce Green Salad with Balsamic Vinaigrette Ice Cream Bread
Calendar week 52 21-25/12	Italian Day Pizza Margherita Carrots and Cucumber cold Ice Cream Bread	Asian Day Chicken Sweet and Sour with plain Rice Mixed Salad with Balsamic Vinaigrette Ice Cream, Bread	No Mittagstisch All children go home at 12.50pm	Christmas Holiday	Christmas Holiday
Calendar week 53/1	Christmas Holiday 24 December 2020– 10 January 2021				
Calendar week 2 11-15/01	American Day Beef Patty with Burger Bun Roasted Potatoes Corncob pieces Fruit & Berry Yoghurt, Bread	Italian Day Penne Bolognaise Green Salad with Balsamic Vinaigrette Melon, Oranges, Bread	Asian Day Fried Vegetable & Egg Noodles with Beef Oranges, Red Apples Bread	Swiss Day Aelpler Makkaroni Apple Sauce Soft-boiled Carrot and Broccoli Watermelon, Bread	Surprise Day Yakitori Chicken Fried Organic Brown Rice with Cucumbers and Carrots cold Apple, Grapes, Bread