

## Lunch Service menus Semester 1 SY 2021-2022 / 10 August 2021 until 21 January 2022

	Monday	Tuesday	Wednesday	Thursday	Friday
10-13 Aug	<b>School closed in lieu of National Day</b>	<b>Surprise Day</b> Wienerli with "Muescheli" Pasta, Soft-boiled Carrots, grated Cheese and Brown Sauce Guantaloupe Melon, Oranges Pretzel (cut quarters)	<b>American Day</b> Pumpkin Soup Fish Fingers, Boiled Potatoes, Lemon & Mayo Cherry tomatoes, Zucchini Grapes Bread	<b>Italian Day</b> Pizza Salami Carrots and Cucumber cold Honeydew Melon Bread	<b>Asian Day</b> Chicken Sweet and Sour with plain Rice Mixed Salad with Balsamic Vinaigrette Melon, Pineapples Cheese Bun
16-20 Aug	<b>Asian Day</b> Vegetarian Kway Teow Fried Egg Oranges, Red Apples Bread	<b>Swiss Day</b> Chicken Cheese Sausage Hash Brown Soft-boiled Carrot and Broccoli Watermelon Bread	<b>Surprise Day</b> Yakitori Chicken Fried Rice Cucumbers and Carrots cold Apple, Grapes Bread	<b>American Day</b> Beef Patty with Burger Bun Roasted Potatoes Corncob pieces Fruit & Berry Yoghurt Bread	<b>Italian Day</b> Spaghetti Bolognese Green Salad with Balsamic Vinaigrette Melon, Oranges Pretzel (cut to quarters)
23-27 Aug	<b>Italian Day</b> Tortellini Ricotta & Spinach Soft-boiled Carrots, grated cheese and brown sauce Pineapples, Watermelon Bread	<b>Asian Day</b> Chicken Satay with Thai Rice and Peanut Sauce Green Salad with Balsamic Vinaigrette Fruit & Berry Yoghurt Bread	<b>Swiss Day</b> Hörnli with „Gehacktes“ Apfelmus Cucumber Grapes Cheese Bun	<b>Surprise Day</b> Crispy Fish and Chips Soft-boiled Carrots and Broccoli Red Apples, Melon Bread	<b>American Day</b> Tacos with Vegetarian Tomato & Bean Stew Mixed Green Salad with Balsamic Grapes and Oranges Bread
30 Aug – 3 Sep	<b>American Day</b> Mushroom Soup Hot Dogs with Condiments Chopped creamed Spinach Club Style Watermelon Bread	<b>Italian Day</b> Vegetable Lasagne Mixed Salad with Balsamic Vinaigrette Berry Yoghurt Pretzel (cut to quarters)	<b>Asian Day</b> Chicken Rice, Chili on the side Bananas, Grapes Bread	<b>Swiss Day</b> Meat Loaf Potato Salad, Brown Sauce, Corncob pieces Melon, Oranges Bread	<b>Surprise Day</b> Chicken & Fusili Pasta Skillet with Spinach, Parmesan & Lemon Fruit & Berry Yoghurt Bread
6-10 Sep	<b>Surprise Day</b> Beef Patty with Burger Bun 3 condiments & Ketchup Oranges, Apples Bread	<b>American Day</b> Tacos with Vegetarian Tomato & Bean Stew Mixed Green Salad with Balsamic Watermelon Bread	<b>Italian Day</b> Fusilli with Pesto & Tomato Sauce, Green Salad with Balsamic Vinaigrette Oranges, Bananas Bread	<b>Asian Day</b> Japanese Chicken Curry Fried Rice Cucumber & Carrots Cold Berry Yoghurt Bread	<b>Swiss Day</b> Pork Chipolata Sausage Potato Gratin Soft-boiled Carrots Pineapples, Watermelon Cheese Bun

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13-17 Sep	<b>Swiss Day</b> Aelpler Makkaroni Apple Sauce Soft-boiled Carrot and Broccoli Watermelon Bread	<b>Surprise Day</b> Yakitori Chicken Fried Organic Brown Rice with Cucumbers and Carrots cold Apple, Grapes Bread	<b>American Day</b> Beef Patty with Burger Bun 3 condiments & Ketchup Corncob pieces Fruit & Berry Yoghurt Bread	<b>Italian Day</b> Spaghetti Pomodoro Green Salad with Balsamic Vinaigrette Melon, Oranges Pretzel (cut into quarters)	<b>Asian Day</b> Vegetarian Kway Teow, Fried Egg Oranges, Red Apples Bread
20-24 Sep	<b>Asian Day</b> Japanese Chicken Curry Fried Rice Green Salad with Balsamic Vinaigrette Fruit & Berry Yoghurt Bread	<b>Swiss Day</b> Pork Chipolata Sausage Hash Browns Soft-boiled Carrots Grapes Cheese Bun	<b>Surprise Day</b> Crispy Fish and Chips Soft-boiled Carrots and Broccoli Red Apples, Melon Bread	<b>American Day</b> Hot Dogs with Condiments Chopped creamed Spinach Club Style Grapes and Oranges Bread	<b>Italian Day</b> Tortellini Ricotta & Spinach Soft-boiled Carrots, grated cheese and brown sauce Pineapples, Watermelon Bread
27 Sep – 1 Oct	<b>Italian Day</b> Vegetable Lasagne Mixed Salad with Balsamic Vinaigrette Fruit & Berry Yoghurt Bread	<b>Asian Day</b> Chicken Rice, Chili on the side Bananas, Grapes Bread	<b>Swiss Day</b> Meat Loaf Mashed Potatoes, Brown Sauce, Corncob pieces Melon, Oranges Pretzel (cut into quarters)	<b>Surprise Day</b> Tacos with Vegetarian Tomato & Bean Stew Mixed Green Salad with Balsamic Fruit & Berry Yoghurt Bread	<b>American Day</b> Tomato Crème Soup Steamed Dory Filet, Light Soya Sauce, Couscous, Chopped creamed Spinach Club Style Watermelon Bread
4-8 Oct	<b>American Day</b> Pasta and Meatballs Tomato sauce Soft-boiled Broccoli Watermelon Bread	<b>Italian Day</b> Fusilli with Pesto & Tomato Sauce Green Salad with Balsamic Vinaigrette Oranges, Bananas Bread	<b>Asian Day</b> Vegetarian Kway Teow, Fried Egg Pineapples Bread	<b>Swiss Day</b> Mini Veal Sausage Potato Gratin (soft) Cucumbers and Carrots cold Pineapples, Watermelon Cheese Bun	<b>Surprise Day</b> Hot Dogs with Condiments Chopped creamed Spinach Club Style Oranges, Apples Bread
11-22 Oct	<b>Autumn Holiday</b> <b>9 – 24 October 2021</b>				

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25-29 Oct	<b>Surprise Day</b> Wienerli with "Muescheli" Pasta, Soft-boiled Carrots, grated Cheese and Brown Sauce Guantaloupe Melon, Oranges Bread	<b>American Day</b> Tomato Crème Soup Fish Fingers, Boiled Potatoes, Lemon & Mayo Cherry tomatoes, Zucchini Grapes Bread	<b>Italian Day</b> Pizza Hawaiian Style Carrots and Cucumber cold Honeydew Melon Bread	<b>Asian Day</b> Chicken Sweet and Sour with plain Rice Mixed Salad with Balsamic Vinaigrette Melon, Pineapples Pretzel (cut into quarters)	<b>Swiss Day</b> Brätchügeli with Spätzli Soft-boiled Carrots Fruit & Berry Yoghurt Bread
1-5 Nov	<b>Swiss Day</b> Hörnli with „Gehacktes“ Apfelmus Mixed Salad with Balsamic Vinaigrette Grapes Cheese Bun	<b>Surprise Day</b> Crispy Fish and Chips Soft-boiled Carrots and Broccoli Red Apples, Melon Bread	<b>American Day</b> Tacos with Vegetarian Tomato & Bean Stew Mixed Green Salad with Balsamic Fruit & Berry Yoghurt Bread	<b>School closed due to Deepavali</b>	<b>Asian Day</b> Chicken Satay with Thai Rice and Peanut Sauce Green Salad with Balsamic Vinaigrette Grapes Bread
8-12 Nov	<b>Asian Day</b> Japanese Chicken Curry Vegetarian Fried Rice Bananas, Grapes Bread	<b>Swiss Day</b> Meat Loaf Potato Salad, Brown Sauce, Corncob pieces Melon, Oranges Bread	<b>Surprise Day</b> Chicken "Wienerschnitzel" Hash Browns Soft-boiled Broccoli Fruit & Berry Yoghurt Bread	<b>American Day</b> Mushroom Soup Steamed Dory Filet, Light Soya Sauce, Couscous Chopped creamed Spinach Club Style Watermelon Pretzel (cut into quarters)	<b>Italian Day</b> Meat Lasagne Mixed Salad with Balsamic Vinaigrette Fruit & Berry Yoghurt Bread
15-19 Nov	<b>Italian Day</b> Fusilli with Pesto & Tomato Sauce Green Salad with Balsamic Vinaigrette Oranges, Bananas Bread	<b>Asian Day</b> Vegetable Kway Teow Fried Egg Pineapples Bread	<b>Swiss Day</b> Pork Chipolata Sausage Potato Gratin (soft) Cucumbers and Carrots cold Pineapples, Watermelon Cheese Bun	<b>Surprise Day</b> Hot Dogs with Condiments Chopped creamed Spinach Club Style Oranges, Apples Bread	<b>American Day</b> Pasta and Meatballs Tomato sauce Soft-boiled Broccoli Watermelon Bread
22-26 Nov	<b>American Day</b> Pumpkin Soup Fish Fingers, Mashed Potatoes, Lemon & Mayo Cherry tomatoes, Zucchini Grapes, Bread	<b>Italian Day</b> Pizza Chicken Sausage Carrots and Cucumber cold Honeydew Melon Bread	<b>Asian Day</b> Chicken Sweet and Sour with plain Rice, Mixed Salad with Balsamic Vinaigrette Melon, Pineapples Bread	<b>Swiss Day</b> Brätchügeli with Spätzli Soft-boiled Carrots Fruit & Berry Yoghurt Pretzel (cut into quarters)	<b>Surprise Day</b> Wienerli with "Muescheli" Pasta, Soft-boiled Carrots, grated Cheese and Brown Sauce Guantaloupe Melon, Oranges Bread

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29 Nov – 3 Dec	<b>Surprise Day</b> Yakitori Chicken Fried Organic Brown Rice with Cucumbers and Carrots cold Apple, Grapes Bread	<b>American Day</b> Beef Patty with Burger Bun 3 condiments & Ketchup Corncob pieces Fruit & Berry Yoghurt Bread	<b>Italian Day</b> Penne Bolognaise Green Salad with Balsamic Vinaigrette Melon, Oranges Cheese Bun	<b>Asian Day</b> Vegetarian Kway Teow, Fried Egg Oranges, Red Apples Bread	<b>Swiss Day</b> Aelpler Makkaroni Apple Sauce Soft-boiled Carrot and Broccoli Watermelon Bread
6-10 Dec	<b>Swiss Day</b> Meat Loaf Hash Browns, Brown Sauce, Corncob pieces Melon, Oranges Bread	<b>Surprise Day</b> Chicken “Wienerschnitzel” Potato Wedges Soft-boiled Broccoli Fruit & Berry Yoghurt Bread	<b>American Day</b> Mushroom Soup Steamed Dory Filet, Light Soya Sauce, Couscous Chopped creamed Spinach Club Style Watermelon Bread	<b>Italian Day</b> Meat Lasagne Mixed Salad with Balsamic Vinaigrette Ice Cream Pretzel (cut into quarters)	<b>Asian Day</b> Prata with Sauce (not spicy) Vegetarian Fried Rice Ice Cream Bread
13-17 Dec	<b>Italian Day</b> Pizza Margherita Carrots and Cucumber cold Ice Cream Bread	<b>Asian Day</b> Chicken Sweet and Sour with plain Rice Mixed Salad with Balsamic Vinaigrette Ice Cream, Bread	<b>Swiss Day</b> Chicken Cheese Sausage Potato Gratin (soft) Cucumbers and Carrots cold Ice Cream Cheese Bun	<b>No Lunch Service All children go home at 12.50pm *ADVENT CELEBRATION DAY*</b>	<b>Christmas Holiday</b>
20 Dec - 14 Jan	<b>Christmas Holiday 18 December 2021– 14 January 2022</b>				
17-21 Jan	<b>Asian Day</b> Steamed Chicken Breast with Fried Rice, light Soya Sauce Soft-boiled Carrots Pineapples Bread	<b>Swiss Day</b> Mini Veal Sausage Potato Gratin (soft) Cucumbers and Carrots cold Pineapples, Watermelon Bread	<b>Surprise Day</b> Tacos with Vegetarian Tomato & Bean Stew Mixed Green Salad with Balsamic Fruit & Berry Yoghurt Bread	<b>American Day</b> Mozzarella Baked Meat Balls Pasta Tomato sauce Soft-boiled Broccoli Watermelon Cheese Bun	<b>Italian Day</b> Fusilli with Pesto & Tomato Sauce Green Salad with Balsamic Vinaigrette Melon, Oranges Bread